

# At Your Leisure



ARIZONA STATE VETERAN HOME  
4141 N. 3RD STREET PHOENIX, AZ 85031  
602-248-1558 WWW.AZDVS.GOV

October 2009

## Resident Of The Month



Congratulations go to October's Resident of the Month, Mr. Delbert Gue! He has lived in the Arizona State Veterans' Home since July of 2009, and he is a wonderful addition to the Sunnyville Community.

Delbert was born in El Monte, CA in 1932. His father loved the outdoors, and taught Delbert how to hunt and fish. After graduating from high school, he enlisted in the Army. He served in the Army during the Korean War, and distributed supplies in Europe. During this time, Delbert got to travel all around Europe and saw a lot of the sights.



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Delbert left the Army in 1961 and moved back to California. He married his wife Joan and had a son Dan. Delbert went to work as a sign painter, and lived in Paramount, Redding, and Sacramento, CA. In 1971, the Gue family moved to Arizona where he worked as a house painter. Delbert is retired from the Glendale School District.

Delbert continues to enjoy the outdoors, and has always wanted to be a game warden. He loves art, especially drawing ducks and other birds. At the Arizona State Veterans' Home, he enjoys playing games and listening to country music. He can usually be found with a sketch pad and a collection of colored pencils as he draws his newest creations.

Article By: Kristin Fray

Editor

Candy Covarrubiaz

## Family Council

Please join the families of ASVH at the monthly Family Council Meeting that occurs every third Saturday of the month at 10:00 a.m. in the Training Center. This is a time for families of the ASVH to come together to resolve issues, express concerns, share ideas of how to improve the lives of our Veterans, as well as be a support system for each other. We welcome you to participate and help define the Family Council. The next meeting will be October 17, 2009 at 10:00 a.m. and our special guest speakers will be the Resident Governor's from the ASVH units:

Eagles Point D-1 Leroy Center, Red Woods D-2 Butch Bonnee, Sunny Ville C-1 Thomas Steele

If you would like more information about the family council, or if you are a family member who is not receiving the Family Council letter please call us at 602-248-1550 and we will be more than happy to assist you.

Thank You,

Family Council

## Resident Birthdays



Richard P Jones	10/01	Ecleaster Black	10/22
John L Greer	10/01	Ronald K Raterink	10/24
Robert A Kemp	10/08	Delbert F Gue	10/27
Raymond H Seims	10/10	Irene J McLaughlin	10/30
Clyde W Thompson Jr	10/13	Marlin J Fleener	10/30
Hubbard F Fellows	10/14		
Thomas D Hands Jr	10/20		

## Visitor Limitations

### Swine Flu (H1N1) Preparations: Visitor Limitations

As many of you may know, there is a unique flu strain spreading across the state this flu season. Since many Veterans live here in close proximity, infections can spread rapidly. We are taking precautions to limit exposure to our vulnerable Veterans, and to our valued staff that care for them each day. Because this flu virus has a peculiar attraction to younger children, one of the recommended precautions is to restrict visitors to 12 years of age or older.

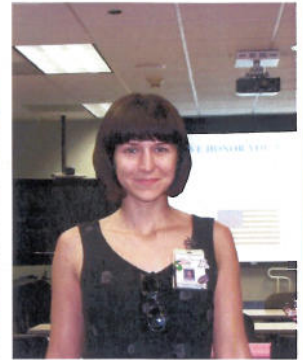
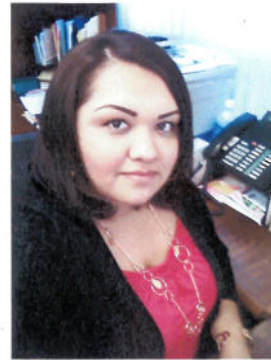
We will be implementing this precaution as of October 9<sup>th</sup> 2009. Please be advised that no children under 12 years of age will be allowed into the Arizona State Veterans Home from 10-9-09 until the "All Clear" notice is given. Additionally, any adults experiencing illnesses are also asked to avoid visiting the Home.

Please contact the Assistant Director of Nursing, Jackie Nischan 602-248-1584, with any questions. We thank you for your understanding and cooperation.



## Employee Association

We want to thank the Employee Association for hosting a lunch for ASVH Administration Department.





# Recreational Therapy Department Highlights

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By Leslie Goin

The weather is cooling down and the Veterans at ASVH are excited. Our season of barbecues, outdoor concerts and special events is just around the corner. The residents wanted to recognize and thank all of our volunteers who came in during the heat of summer because as Bruce Pivarnik, one of our residents said, "this was one of my best summers thanks to so many volunteers and fun activities". A big thank you goes out to all the organizations that helped the residents get their "gambling fix" including our bingo sponsors: The Phoenix # 335 Elks, Sun City #2559 Elks, American Legion District 12, and The Military Order of the Purple Hearts of Sun City. The Cooties Pup tent #11 who hosted dog races and The Arizona National Guard Team Sun Devils who put on casino nights. The creative arts were also prevalent in our home this summer thanks to the Phoenix Art Museum and their traveling art show, Dick Moore with his piano bar, and Leon Littleton, Candi Smith, Diane Artus and the East Valley Chorale who volunteered their musical talents. In addition we had an average of 1,050 hours from individual volunteers who created our "2009 Summer of Fun".

This summer we received some incredible recreation equipment that made staying indoors fun. A special thanks to STMicroelectronics for the Dakim Brain Fitness Computer Lab, Cooties Put Tent 11 who donated an Air Hockey Table and Cooties Pup Tent 14 for Juicing Machines (what is summer without homemade lemonade?). We would also like to thank VFW Post 3713 in Coolidge, AZ for organizing local businesses as donation drop off centers for ASVH.

## Changes At The ASVH

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The Therapeutic Programs Department has moved and we are enjoying our new "Recreation Center" atmosphere on the first floor. Please stop by and say hello.

Preparation for the H1N1 flu, this year **we will not be allowing volunteers under the age of 12** at the Arizona State Veteran Home. We apologize to the many scouting and school groups that normally come in to visit. Hopefully the flu season will pass quickly and uneventfully.

## Haunted House Benefit

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### Haunted House to benefit the Arizona State Veteran Home:

The Morbid Manor donates 100% of the money raised from their Haunted House to 3 charities. This year, the Arizona State Veteran Home will be one of their chosen charities. If you are going to visit a haunted house this year, please consider stopping by their display. They are also looking for volunteers to help build the sets every Sunday in October and be "actors" on the scene October 29 – 31 from 5 p.m. to 10 pm. If you enjoy scaring people, this is your chance! Send an email to [volunteer@themorbidmanor.com](mailto:volunteer@themorbidmanor.com) with your name, phone number, how you found out about volunteering, and what days you think that you can volunteer.

## **Volunteer Information**

### **VOLUNTEERS ARE NEEDED FOR UPCOMING EVENTS**

#### **BARBECUE/COOK OUTS:**

Saturday October 24th: 11:00 a.m. - 1:30 p.m.

Saturday October 31st: Oktoberfest - We need lots of volunteers to come dressed festively, help run carnival booths and serve at the barbecue

Wednesday November 11th: 9:30 a.m. - 1:30 p.m. - We need lots of volunteers to help escort residents to the Veteran's Day Parade & serve at the Barbecue

#### **ON-GOING ACTIVITIES:**

Tuesday & Saturday Music/Sensory Group: 10:00 – 11:30 a.m.

Tuesday Night Card Games: 6:30 - 8:15 p.m.

Wednesday Morning Crafts: 9:45 – 11:15 a.m.

Friday Afternoon Card Games: 1:30 - 3:30 p.m.

Morning Park Walks: 9:00 - 11:00 a.m. (any day)

**UNSCHEDULED EVENTS** (which means you are welcome anytime to come in and do these activities with the residents)

Canteen Visits

Computer Games

#### **VOLUNTEER DRIVERS NEEDED:**

We are looking for a few drivers with an excellent driving record to drive the big vans on outings.

#### **HOLIDAY GIFT COORDINATOR**

We need someone or some group to coordinate our holiday gift distribution. You would need to visit with the residents, find out what type of gift they want this holiday season, create a tag with their gift suggestions for the holiday tree and then assist in distributing the gifts.

Please check out our calendar of events, volunteers are welcome at any of our activities.

**NEXT VOLUNTEER ORIENTATION IS SUNDAY OCTOBER 25<sup>TH</sup> AT 10:00 a.m.**

Contact Leslie Goin for further information [lgoin@azdvs.gov](mailto:lgoin@azdvs.gov) or 602-248-1575.





# October

2009



Sun

Mon

Tue

Wed

Thu

Fri

Sat

				1 10am Strength Training (D2) 2pm Blue Bingo 4pm DVD Mobile Cart	2 11:40am Mary Stuart in Concert (C-2) 11:50am Leon Littleton in Concert (C-1) 2pm Happy Hour	3 10am Blue Bingo 11am Pet Visits-HOV 1pm Outing to Cooties Pup Tent 14 2pm Club House
4 11amCatholic Mass at VA 11am protestant Services 2pm Blue Bingo & Ice Cream	5 10am Coffee House 2pm Sun City Elks Bingo 6:15pm Wii Bowling LH	6 10am Cooking Group 10am Strength Training (D2) 2pm Karaoke 6:30pm Card Games	7 10am Neighborhood Council Meeting 2pm Civil War Presentation	8 10am Strength Training (D2) 2pm Bingo Party with KT Consulting 4pm DVD Mobile Cart	9 11:20am Toss Hagen in Concert (D-1) 2pm Happy Hour	10 10am Blue Bingo 11am Pet Visits-HOV 2pm Club House
11 11amCatholic Mass at VA 11am protestant Services 2pm Blue Bingo & Ice Cream	12 10am American Legion Post 44 Reach Out with Music 2pm phoenix elks Bingo 6:15pm Wii Bowling	13 10am Cooking Group 10am Strength Training 2pm Karaoke	14 10am Crafts 2pm Food Committee	15 10am Strength training D-2 2pm Blue Bingo 4pm DVD Mobile Cart	16 10:45am Ken Walker in concert D-2 11:50am Dave Swain in Concert (C1) 2pm Happy Hour 4pm VFW Post 9400 Outing	17 10am Blue Bingo 11am Pet Visits-HOV 2pm Club House
18 11amCatholic Mass at VA 11am protestant Services 2pm Blue Bingo & Ice Cream	19 10am Coffee House 2pm Leon Littleton & Ice Cream Social 7pm American Legion District 12 Bingo	20 9am American Legion Post 27 Outing 10am Cooking Group 2pm Karaoke	21 10am Crafts 11:30am American Legion Post 1 Outing 2pm Monthly Birthday Party & Concert with Jay Farris	22 10am Strength Training 2pm Blue Bingo 4pm DVD Mobile Cart	23 11:40am Hired Hams (C-2) 2pm Happy Hour	24 10am Blue Bingo 11am Pet Visits HOV VFW Post 7507 Barbecue (Family Members RSVP w/ Leslie Goin by 10-14
25 11amCatholic Mass at VA 11am protestant Services 2pm Blue Bingo & Ice Cream	26 10am Phoenix Art Museum 2pm Phoenix Elks Bingo 6:15pm Wii Bowling LH	27 10am Cooking Group 10am Strength Training 11am Quarterly Memorial Service 2pm Karaoke	28 10am Crafts 2pm Costume Prep & Costume Decorating	29 10am Strength Training D-2 2pm Blue Bingo 4pm DVD Mobile Cart	30 10am Costume Prep and Pumpkin Decorating 2pm Happy Hour	31 10am Blue Bingo 11am Pet Visits HOV 11am—1pm Octoberfest (barbecue and carnival games)



## Wish List

Thank you for your interest in making a donation to the Arizona State Veteran Home. Donations may be brought directly to the home at 4141 N. 3<sup>rd</sup> Street, Phoenix, AZ 85012. Checks may be made payable to: Veterans Donation Fund, and mailed to the home, attention: Leslie Goin. For further information you may contact Leslie at 602-248-1575

### Donations Needed:

#1 requested item from residents is a steak dinner, please consider making a donation to our steak dinner fund.

Pudding cups of non-refrigerated puddings (sugar free or regular).

Ice Cream Sundae Toppings (syrops, sprinkles, pick up your favorite next time your are in the grocery store!).

Non-Alcoholic Beer for our Octoberfest.

Halloween Candy (individually wrapped).

Gift cards to local fast food restaurants.

Prizes for Halloween Carnival Booths (candy bars, pins, badges, ASVH gift shop coupons, etc.).

Professional Shaved Ice Machine.

## Donations

L.A.M.O.P.H. Unit 691

Debby Kopchak

American Legion post 92

Arizona National Guard, Team Sun Devils

Tates, East Valley

Warehouse/Food Bank

VFW Post 3713, Coolidge

Chris and Dave Frappier

Veterans Fund/Music Department

Disabled American Veterans Sun City Star Chapter 24

James V. Sterne and Betty A. Sterne

Orchid Society of Arizona

BPOE

Cooties Pup Tent 14

Old Breed Detachment Marine Corps League

VFW Post 10695-Commander

STMicroelectronics, Inc.

Mr. Leonard Lazoff

Big WESS Restaurant

Florence Baptist Church

Coolidge Veterinary Hospital

The American Legion 26

Robert Ferrin and Raleigh Brumfield

Apache Trail DAR

The Home Depot Chandler

Legion Riders Post 2

Meadwestvaco Calmar and Tricorbraun

Women's Auxiliary To The M.O.C.



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Thomas Creager  
Administrator

